

Proposal for WillPower Fitness as an Employee Health Incentive for Wellness

Located in Claude

Open 5am-11pm with individual key code

At Willpower Fitness, we are committed to providing top-tier equipment to help you reach your fitness goals. Our gym is fully equipped with a wide variety of tools to support all types of training:

- **Cardio Machines:** Treadmill, rowing machine, and a stationary bike for cardiovascular conditioning.
- **Free Weights:** Dumbbells, kettlebells, barbells, and a wide range of weight plates for all strength levels.
- **Strength Machines:** A selection of dual-functioning machines that target every major muscle group, including leg presses, chest machines, and a versatile cable machine.
- **Functional Training Area:** Equipped with medicine balls, resistance bands, TRX straps, and more for high-intensity and functional training.
- **Stretching Zone:** A dedicated turf space with mats, foam rollers, and other tools designed to enhance flexibility and support recovery.
- **Powerlifting Equipment:** Squat racks and specialty bars, perfect for powerlifters and those focused on serious strength training.
- **Basketball Court:** We have a 35 x 50-foot half basketball court available for both recreational play and training purposes.

Proposal:

We have 50 employees/elected officials/fire volunteers/LE reserves

\$136 per month – 5 people

Each additional person \$25 per person

If 100% used the gym, monthly cost would be \$1,261 (average of \$25.22 each) [Annual cost \$15,132]

If 75% used the gym, monthly cost would be \$961 (average of \$25.29 each) [Annual cost \$11,532]

If 50% used the gym, monthly cost would be \$636 (average of \$25.44 each) [Annual cost \$7,632]

If 25% used the gym, monthly cost would be \$336 (average of \$25.85 each) [Annual cost \$4,032]

One year of health insurance is \$12,624 ... we could use remaining funds in 2025, and budget starting in 2026

Procedure ...

- Sign up on master roster by the 20th of the initial month
- Each person on the roster will have an assigned key code
- At the end of each month, we will receive a report with key codes entered
- This report will determine how many we pay for during a full year
- Each person will sign a "letter of commitment" with no dollar value attached.
- Each person will have an ID card to use
- If a person does not use the gym in 3 months, they will be removed from the roster

02/10/2025